



PRINCE GEORGE'S COUNTY, MARYLAND

FOOD ASSISTANCE RESOURCES



FOOD ASSISTANCE PROGRAMS

Supplemental Nutrition Assistance Program (SNAP):

- SNAP provides low-income individuals and families with grocery money that can be used at most grocery stores and farmers' markets.
- Apply for SNAP online at dhs.maryland.gov/benefits or by calling 1-800-332-6347.
- For application assistance and questions, call Maryland Hunger Solutions at 866-821-5552 or another SNAP Outreach Community Based Organizations listed at: bit.ly/SNAPpartnersPGC
- For free legal help accessing SNAP benefits, call the Homeless Persons Representation Project hotline at 1-800-613-2518.

Women, Infants, & Children (WIC):

- WIC is a program that provides healthy food, nutrition education, and health services to new mothers, pregnant women, infants, and children.
- To apply, applicants must set up an appointment with a WIC office located in the county. For information on how to apply, visit MDWIC.org or call the Prince George's County Health Department at 301- 856-9600; CCI Health Services Greenbelt at 301-856-9600; or Greater Baden Medical Center at 301-324-1874.

FOOD DISTRIBUTION

- Free food pantries are available throughout Prince George's County for anyone in need. For weekly updates on charitable food and meal distributions, visit bit.ly/pgcfoodresources.
- You can find information on free & reduced-cost food pantries & resources in your area at findhelp.org.
- The Capital Area Food Bank operates a Hunger Lifeline. For more information on food distribution locations and meal services, visit capitalareafoodbank.org/find-food-assistance or call 202-644-9807.
- You can also call 2-1-1 for distributions near you.

SCHOOL MEALS

- Children from low-income families are eligible for free or reduced-price school meals during the school year. Families must apply. Applications are available at all public schools and can be submitted at any time and turned in to any public school. Find more information at pgcps.org/offices/food-and-nutrition/free-and-reduced-meals.
- All children can receive free meals throughout the summer. For more information, meal service locations, and times, visit pgcps.org/offices/food-and-nutrition/summer-meals.
- Pandemic-EBT is a program that helps families purchase food while schooling is impacted due to COVID-19. For more information, visit dhs.maryland.gov/p-ebt/.



Do you need emergency food assistance? Call 2-1-1 and ask for a food distribution site near you.

HOME FOOD & MEAL DELIVERIES

- Meal delivery services are available for seniors and individuals with disabilities. Meals are provided by the Prince George's County Department of Family Services, Senior Nutrition Program. For more information, visit princegeorgescountymd.gov/1723/Nutrition-Services or call 301-265-8475.
- Meals-on-Wheels provides meals to seniors. For more information or to enroll call 410-558-0827 or apply online at mealsonwheelsmd.org/client-application.
- For more information on other resources, please call 2-1-1.